

**YOU: a novel**  
Caroline Kepnes  
Atria/Emily Bestler Books, 2014

## Reviews

- [Booklist](#): “Written in the second person, *You* is the story of one man’s life, a life where love becomes obsession, and obsession becomes murder, experienced and perpetrated by a character who is strangely likable despite his bad behavior. Kepnes, a television writer and journalist, has written a deeply dark yet mesmerizing first novel of two people caught in a romantic tangle with an ever-tightening knot.”
- [Kirkus](#) (Sept. 1, 2014): “An impending sense of dread hangs over Kepnes’ cleverly claustrophobic debut [...] There’s little doubt that the relationship is doomed, but Kepnes keeps the reader guessing on just how everything will implode [...] There’s nothing romantic about Joe’s preoccupation with Beck, but Kepnes puts the reader so deep into his head that delusions approach reality.”
- [Publishers Weekly](#) (Sept 2014): “What’s most chilling about this novel, besides its plausibility, is the way in which Kepnes makes the reader empathize with Joe during the journey into his troubled mind. Her book will have readers looking over their shoulders and examining their own motivations.”

## Lists

- Suspense Magazine “Best of” List (Debut), 2014

## Adaptations

- [Netflix - You](#), 2018, an Internationally Recognized adaptation
  - Awards
    - ReFrame (2020) Stamp Aware, Top 100 Popular Television (2019-2020)
    - ELLE Style Award (2019) International Star [Penn Badgley](#)
  - Nominations
    - Academy of Science Fiction, Fantasy & Horror Films, USA (2019) Saturn Award, Best Actor in Streaming Presentation, Best Actress in Streaming Presentation, Best Streaming Horror & Thriller Series
    - Casting Society of America, USA (2020) Artios Award, Outstanding Achievement in Casting - Television Pilot and First Season - Drama
    - MTV Movie + TW Award (2019, 2022), Best Villian
    - Prémios Fantastic Award (2019, 2020), Best International Series or Mini-Series in Streaming)

## Reference List

Booklist - You, by Caroline Kepnes | Booklist Online, <https://www.booklistonline.com/You-Caroline-Kepnes/pid=6867664>

Click Orlando - "Here are the books banned from central florida schools",  
<https://www.clickorlando.com/news/local/2022/09/19/here-are-the-books-banned-from-central-florida-schools/>

FOX6 - "Menomonee falls school book ban",  
<https://www.fox6now.com/news/menomonee-falls-school-book-ban>

IMDb - <https://www.imdb.com/title/tt7335184/>

Kirkus - YOU | Kirkus Reviews,  
<https://www.kirkusreviews.com/book-reviews/caroline-kepnes/you-kepnes/>

Pen America - "NEARLY 700 BOOKS, INCLUDING CELEBRITY BESTSELLERS, BANNED IN ORANGE COUNTY, FLORIDA",  
<https://pen.org/books-banned-orange-county-florida/>

Publishers Weekly - You (publishersweekly.com), <https://www.publishersweekly.com/9781476785592>

Rediscovered Books - "Books Banned in West Ada",  
<https://www.rdbooks.org/books-banned-west-ada>